

Parent Cyber Safety Presentation

Does your child know more about technology than you? Are you worried about what your child may be doing on the computer? A representative from the Office of the Attorney General will be conducting a parent cyber safety presentation at Annunciation Catholic Academy. Please join us at 7:00pm, October 22nd, in the cafetorium. Parents in attendance will earn volunteer hours based on the length of the presentation. All are welcome!



Bishop Moore Catholic High School Annual Open House

We cordially invite all current 5th, 6th, 7th and 8th grade students, along with their parents, to discover all that Bishop Moore Catholic High School has to offer at our upcoming Open House on Sunday, November 15th, 2009 from 1:00pm-4:00pm. This event is geared toward families who are contemplating making application for admission to the 2010/2011 school year or in the near future. This is an excellent opportunity to meet our faculty, administrators, guidance/admissions counselors and athletic coaches, along with Bishop Moore students who participate in many of our service organizations and extra-curricular activities.

Copacabana at Bishop Moore

Bishop Moore presents: Copacabana at the Wayne Densch Theatre in Sanford. Dates are: Oct, 29th, 30th and 31st @ 7:00 pm. General admission is \$12.00. Advance purchase is \$10.00. You may reserve tickets on line at www.bishopmoore.org. For more information contact, Maggy Hernandez at 407-314-1976.

Quill Corner

A writing sample from Rafaela Evans, 7th grade, new Quill member:

I lifted up from my knees, patting the top of the gray, cold, marble headstone. Both of my brothers had died in a gang battle three years ago. Their loss created a vacuum in my life. Tears flowed down my cheeks like Niagara Falls. The cemetery sat empty, with me at its center. Usually my mother and father would join me, but that all changed last Wednesday. Suddenly things had gone terribly wrong...



ACA 2009 Track & Field

Information and Reminders

Practices @ Bishop Moore Tuesdays and Thursdays- 4:00pm – 5:30pm

1st Mini-Meet: Saturday, Nov. 14th, @ St. Mary Magdalene
We need timers for the meet and volunteers to help coach our team! ACA is hosting this meet! We are also still looking for parents to help coach the field events at practice.

2nd Mini Meet: Saturday, Nov. 21st
Championship Meet, Boys and Girls: Saturday, Dec. 5th, @ Showalter Field

Dear Parents:

Please send your athletes to practice with proper running shoes. Please, no basketball, tennis, or cross-training shoes.

Remember! Stay updated on the ACA Website, Track Quick Link!

Promote Your Business by Donating to ACA – It's a Win/Win Situation!

Want to promote your business

during Teacher Appreciation Week, Spring Social, Send Your Teacher Packing and other ACA events? The Home and School Board (HSB) would like to invite businesses

to donate **tax exempt** items in exchange for promotion within our

ACA community! Please help us - help you. Consider offering donations to include, but not limited to entertainment tickets, gift certificates, beach condo and home rentals, food & beverage products, and personal services and products. The sky is the limit when it comes to donations and promotions! Contact the HSB Sponsorship Coordinator Janice Maki @ JaniceMaki@cfl.rr.com, who will help you - while helping ACA!



Journey Into Imagination

The 4th annual Journey Into Imagination Drama for Food-Students will help write, costume, direct and star in their own play! The play will be performed on stage at school and canned goods will be collected and donated to the Christian Sharing Centre. Final performance will be on December 9th at 6:30 in the cafetorium. Enrollment is limited, so register early! For more information contact Heather Thorn xyloheather@aol.com or 321-438-8666

Ordering SCRIP is Easy

Order SCRIP online at www.shopwithscrip.com. Place orders online and pick up your gift cards the following week. Want to know more? Contact Jill Drafts @ jdrafts@earthlink.net or (407) 464-0163. Stop by the upstairs workroom and shop our gift card inventory, place new orders, and/or pick up previously placed orders. Hours – Tuesday and Wednesday mornings.

Mark Your Calendars

The Next Marriage Renewal Weekend will be February 5th, 6th and 7th. Sign up early to reserve your spot. There is limited space available. Contact: Kate or John Sprinkle at john@ktsconsultants.com or call 407-884-8941. Also volunteers will be needed for the weekend's childcare program.

Let's Behave!

Did you know that getting your youngsters to behave can be fun? Try these ideas to encourage better behavior – and cut down on everyone's frustration.

Distract. Being playful can stop misbehavior, especially if it is caused by boredom. *Example:* You are stuck inside on a rainy day, and your kids begin to get cranky. Say, "Freeze! Splash time!" Fill the bathtub, cover the floor with towels, and let them play in the water with cups and boats. (*Note:* Never leave children unsupervised near water.) Or call out, "Pillow time," and have everyone gather in the family room for a gentle pillow fight.

Celebrate. With your children, pick a few behavior goals (get ready for bed without complaining: say "excuse me" when someone is talking). Then, get out a small jar and some marbles. Tell your youngsters they will earn a marble each time you catch them working toward a goal. When the jar is full, celebrate with an extra story every night for a week.

Note: Children often act out to get your attention. Try to spend a few minutes a day playing a game or talking with each child, and you are likely to see better behavior.

Gold Stars:

★ Gold Stars to **Rebecca Ashley** who wrote a winning essay about the importance of volunteering in the community. AT&T Pioneers awarded her with a laptop computer and her essay is now being entered at the state level for a wireless printer!



Calendar

- October 16:** End of 1st Quarter
No School for K-5, Parent Conferences
Middle School attends school
- October 20:** Mass Day 8:30 am Parents Welcome
- October 21:** 1st Quarter Grades on Edline after 3pm
- October 28:** Principal's Coffee 6th -8th after Morning Prayer in cafetorium
- October 30:** Bad Weather Make-up Day – No School if not needed
- November 3:** Mass Day 8:30 am Parents Welcome
- November 17:** Mass Day 8:30 am Parents Welcome
- November 18:** Middle School Outreach/ Conferences/ Career Day
Principal's coffee 3rd-5th @ 8:05am in Cafetorium
- November 25-27:** Thanksgiving Holiday – **No School**

Bullying: The Bystander's Role

Q: *My child came home from school upset because kids were picking on a classmate and wouldn't let her play with them. What advice should I give my daughter?*

A: Tell your youngster that her classmate was being bullied – and that she has the power to help stop it!

There are several things she can do. She could start by standing up to the bully and saying something like, "That's not nice." Then, she might ask the child who is being bullied to join her in a game or school project.

Also, remind your youngster to report bullying to a teacher or other adult when she sees it. Let her know this is not tattling, but a way to help someone who is being hurt. You can explain: "Asking an adult to help a child who is being bullied is like asking the nurse to help a child with a scraped knee."



Annunciation
Catholic
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Please e-mail submissions to:
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Write STARS in the subject line, please.

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